



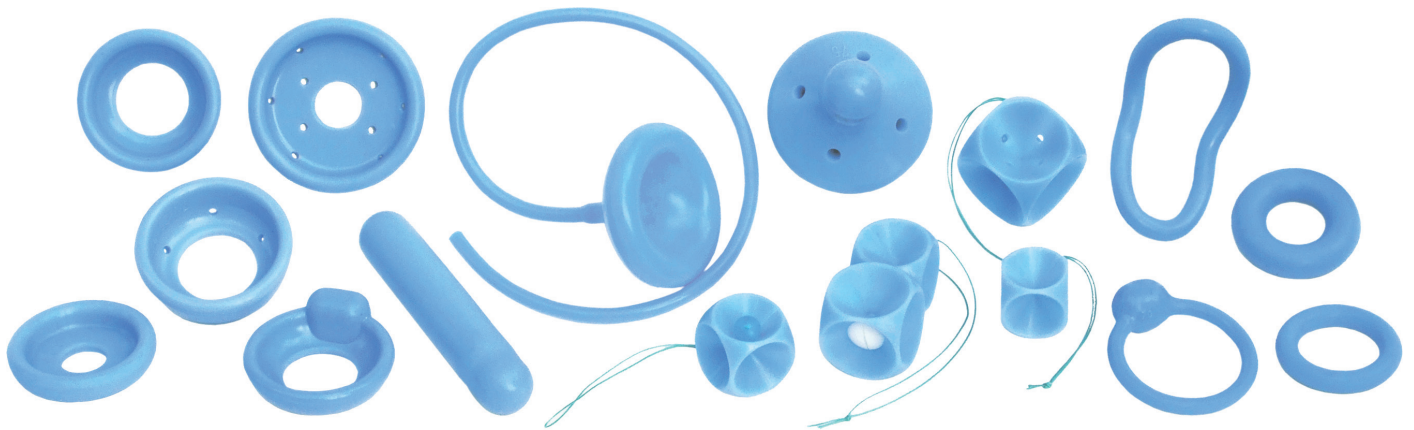
**Dr. Arabin GmbH & Co. KG**

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## Product Overview



All our pessaries are made of a specifically long-lasting, skin-friendly silicone.

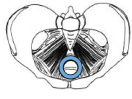
The rings are designed for one patient only. The rings can be cleaned and disinfected preferably with aldehyd-containing solutions (Gigasept FF). They can also be sterilized by steam (134°C /3,8 bar) or hot air ( 250°C). Please sterilize cube pessaries only by steam.

In general, the pessary with the smallest diameter which still stays in place should be inserted.

The success of the therapy depends on a proper placement, the right size and possibly on a regular change and reinsertion.

Thus, the involvement of the patient in her own treatment and the intention of the patient, her physician or her nurse to decide for a less invasive, cost-efficient, and yet effective therapy plays an essential role in the whole concept of pessary therapy.

Please feel free to contact us if you have any particular questions: [info@dr-arabin.de](mailto:info@dr-arabin.de)



### Ring Pessary

Size	Item No.	Pharm. Register (GER)
50 mm	R 050	PZN: 480 61 19
55 mm	R 055	PZN: 480 61 25
60 mm	R 060	PZN: 480 61 31
65 mm	R 065	PZN: 480 61 48
70 mm	R 070	PZN: 480 61 54
75 mm	R 075	PZN: 480 61 60
80 mm	R 080	PZN: 480 61 77
85 mm	R 085	PZN: 480 61 83
90 mm	R 090	PZN: 480 62 08
95 mm	R 095	PZN: 480 62 14
100 mm	R 100	PZN: 480 62 20

#### Indication:

Preferably slight problems of descensus/prolapse and a mild form of incontinence.

An intact pelvic floor is required for an effective therapy of this pessary.

In addition, it can prevent the development of stress incontinence by its suburethral support.



### Thick Ring Pessary

Size	Item No.	Pharm. Register (GER)
50 mm	DR 050	PZN: 480 62 37
55 mm	DR 055	PZN: 480 62 43
60 mm	DR 060	PZN: 480 62 66
65 mm	DR 065	PZN: 480 62 72
70 mm	DR 070	PZN: 480 62 89
75 mm	DR 075	PZN: 480 62 95
80 mm	DR 080	PZN: 480 63 03
85 mm	DR 085	PZN: 480 63 26
90 mm	DR 090	PZN: 480 63 32
95 mm	DR 095	PZN: 480 63 49
100 mm	DR 100	PZN: 480 63 55

#### Indication:

Preferably older patients with descensus and a mild form of prolapse without severe incontinence.

An intact pelvic floor is required for an effective therapeutic success of this pessary.



### Bowl Pessary

Size	Item No.	Pharm. Register (GER)
55 mm	SP 055	PZN: 480 64 50
60 mm	SP 060	PZN: 480 64 67
65 mm	SP 065	PZN: 480 64 73
70 mm	SP 070	PZN: 480 64 96
75 mm	SP 075	PZN: 480 65 04
80 mm	SP 080	PZN: 480 65 10
85 mm	SP 085	PZN: 480 65 27
90 mm	SP 090	PZN: 480 65 33
95 mm	SP 095	PZN: 852 66 70

#### Indication:

Mild forms of pelvic relaxation and prolapse.

In patients with a cystocele the pessary supports both the medial and the lateral defect. An intact pelvic floor is required for an effective therapeutic success of this pessary.



### Sieve Bowl Pessary

Size	Item No.	Pharm. Register (GER)
55 mm	SSP 055	PZN: 480 65 56
60 mm	SSP 060	PZN: 480 65 62
65 mm	SSP 065	PZN: 480 65 79
70 mm	SSP 070	PZN: 480 65 85
75 mm	SSP 075	PZN: 480 65 91
80 mm	SSP 080	PZN: 480 66 16
85 mm	SSP 085	PZN: 480 66 22
90 mm	SSP 090	PZN: 480 66 39
95 mm	SSP 095	PZN: 063 39 17

#### Indication:

Mild forms of pelvic relaxation and prolapse.

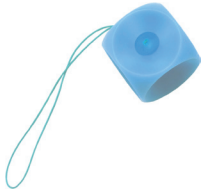
In patients with a cystocele the pessary supports both the medial and the lateral defect. An intact pelvic floor is required for an effective therapeutic success of this pessary.



### Cube Pessary (is no longer being produced)

Size	Item No.	Pharm. Register (GER)
25 mm	WP 0	PZN: 480 54 62
29 mm	WP 1	PZN: 480 54 79
32 mm	WP 2	PZN: 480 54 85
37 mm	WP 3	PZN: 480 54 91
41 mm	WP 4	PZN: 480 55 16
45 mm	WP 5	PZN: 480 55 22

**Indication (combined with local estrogens):**  
Different degrees of vaginal and uterine prolapse, even when the pelvic floor is not capable to support a ring pessary, even in the presence of scars, vaginal obstruction or problems of miction / cohabitation.



### Cube Pessary with Button

Size	Item No.	Pharm. Register (GER)
25 mm	WPK 0	PZN: 852 66 87
29 mm	WPK 1	PZN: 852 66 93
32 mm	WPK 2	PZN: 852 67 01
37 mm	WPK 3	PZN: 852 67 18
41 mm	WPK 4	PZN: 852 67 24
45 mm	WPK 5	PZN: 852 67 30

**Indication (combined with local estrogens):**  
Same as above.



### Cube Pessary perforated with button

Size	Item No.	Pharm. Register (GER)
25 mm	WPLK 0	PZN: 063 38 86
29 mm	WPLK 1	PZN: 063 38 57
32 mm	WPLK 2	PZN: 063 38 34
37 mm	WPLK 3	PZN: 063 38 28
41 mm	WPLK 4	PZN: 063 38 11
45 mm	WPLK 5	PZN: 063 38 05

**Indication (combined with local estrogens):**  
The same as above, in addition the perforation allows drainage of discharge.



Cube pessaries can additionally be used before prolapse surgery in order to improve the tissue circulation (application with estriol cream). The flexibility of the material facilitates self treatment.



For isolated descensus smaller pessaries will rather be placed in the proximal vaginal third (see top left), for additional cysto-rectocele rather big pessaries (if necessary Tandem pessaries) will be placed in the middle vaginal third (see bottom left).

Cube and tandem pessaries should be removed and reinserted on a daily basis.



### Tandem Pessary

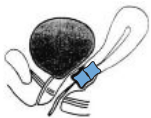
Size	Item No.	Pharm. Register (GER)
variabel	TP	PZN: 852 67 47

**Indication (combined with local estrogens):**  
The same as above, in cases with extreme prolapse of vagina and / or uterus, whereby the increased attachment to the vaginal walls doubles the vacuum effect.

### Tandem Pessary perforated

Size	Item No.	Pharm. Register (GER)
variabel	TPL	PZN: 063 38 92

This can be of use in stress incontinence, whereby the lower cube supports the urethra and the upper one helps to build up the desired vacuum effect.





### Urethra Pessary

Size	Item No.	Pharm. Register (GER)
45 mm	UP 045	PZN: 480 59 01
50 mm	UP 050	PZN: 480 59 18
55 mm	UP 055	PZN: 480 59 24
60 mm	UP 060	PZN: 480 59 30
65 mm	UP 065	PZN: 480 59 47
70 mm	UP 070	PZN: 480 59 53
75 mm	UP 075	PZN: 480 59 76
80 mm	UP 080	PZN: 480 59 82
85 mm	UP 085	PZN: 480 59 99
90 mm	UP 090	PZN: 480 60 07
95 mm	UP 095	PZN: 480 60 13
100 mm	UP 100	PZN: 480 60 36

#### Indication:

Stress incontinence possibly combined with descensus, but with still intact pelvic floor.

The thickening might prevent further stress incontinence by supporting the transition between bladder and urethra, avoiding an opening of the upper urethra under conditions of stress (cough, sport).



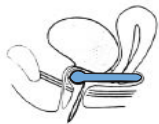
### Urethra Bowl Pessary

Size	Item No.	Pharm. Register (GER)
55 mm	USP 055	PZN: 480 60 42
60 mm	USP 060	PZN: 480 60 59
65 mm	USP 065	PZN: 480 60 65
70 mm	USP 070	PZN: 480 60 71
75 mm	USP 075	PZN: 480 60 88
80 mm	USP 080	PZN: 480 60 94
85 mm	USP 085	PZN: 480 61 02
90 mm	USP 090	PZN: currently none

#### Indication:

Same as above.

In addition, the bowl may better support vaginal walls and descensus, possibly combined with incontinence.



### Hodge Pessary

Size	Item No.	Pharm. Register (GER)
55 mm	HP 055	PZN: 852 66 64
60 mm	HP 060	PZN: 480 63 78
65 mm	HP 065	PZN: 480 63 84
70 mm	HP 070	PZN: 480 63 90
75 mm	HP 075	PZN: 480 64 09
80 mm	HP 080	PZN: 480 64 15
85 mm	HP 085	PZN: 480 64 21
90 mm	HP 090	PZN: 480 64 38
95 mm	HP 095	PZN: 480 64 44

#### Indication:

The Hodge pessary is meanwhile only used in cases with incontinence, if ring pessaries are not tolerated because of anatomical aberrations and/or by earlier operations.



Size	Item No.	Pharm. Register (GER)
50 mm	KP 050	PZN: 480 58 12
55 mm	KP 055	PZN: 480 58 29
60 mm	KP 060	PZN: 480 58 35
65 mm	KP 065	PZN: 480 58 41
70 mm	KP 070	PZN: 480 58 58
75 mm	KP 075	PZN: 480 58 64
80 mm	KP 080	PZN: 480 58 70
85 mm	KP 085	PZN: 480 58 87
90 mm	KP 090	PZN: 480 58 93

#### Indication:

Patients with grade 3 to 4 prolapse of vagina and uterus are treated with the club pessary, in cases where urethra, ring or bowl pessaries do not help, and where a cube pessary might increase stress incontinence.





### Cerclage Pessary Type A (non-perforated)

Size	Item No.	Pharm. Register (GER)
65/17/32	CA 65/17/32	PZN: 480 55 39
65/17/35	CA 65/17/35	PZN: 480 55 74
65/21/32	CA 65/21/32	PZN: 480 55 45
65/21/35	CA 65/21/35	PZN: 480 55 80
65/25/32	CA 65/25/32	PZN: 480 55 51
65/25/35	CA 65/25/35	PZN: 480 55 97
65/30/35	CA 65/30/35	PZN: 480 55 68
70/17/32	CA 70/17/32	PZN: 480 56 05
70/17/35	CA 70/17/35	PZN: 480 56 34
70/21/32	CA 70/21/32	PZN: 480 56 11
70/21/35	CA 70/21/35	PZN: 480 56 40
70/25/32	CA 70/25/32	PZN: 480 56 28
70/25/35	CA 70/25/35	PZN: 480 56 57

#### Indication:

To support the cervix in pregnant patients either with complaints of prolapse (painful “downward pressure“ during standing and walking) and pregnant women exposed to physical strain (e.g. standing for a long time) and / or in patients with threatening preterm labor (funneling / short cervical length).



### Cerclage Pessary Type ASQ (perforated)

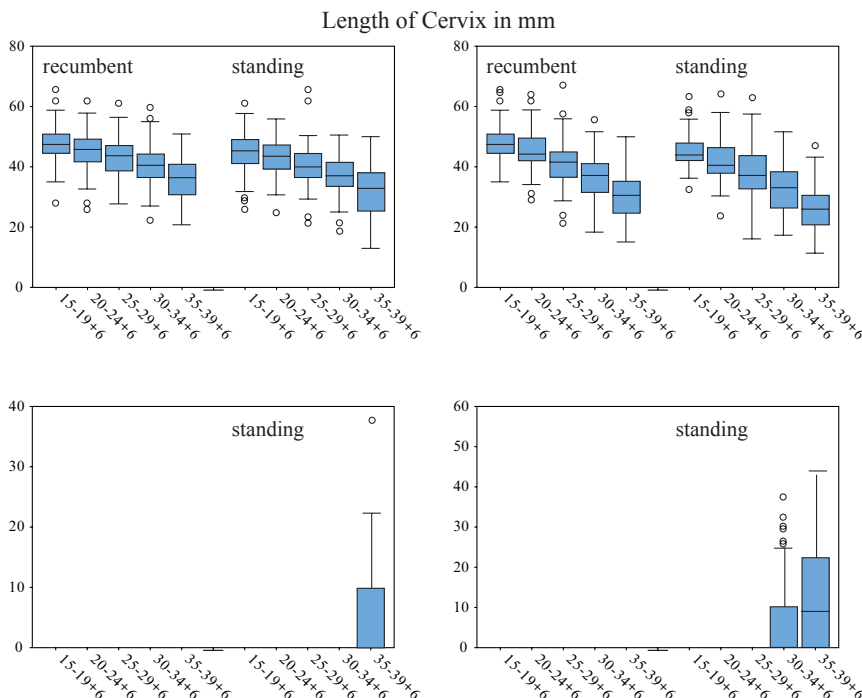
Size	Item No.	Pharm. Register (GER)
65/17/32	ASQ 65/17/32	PZN: 480 56 63
65/17/35	ASQ 65/17/35	PZN: 480 57 17
65/21/32	ASQ 65/21/32	PZN: 480 56 86
65/21/35	ASQ 65/21/35	PZN: 480 57 23
65/25/32	ASQ 65/25/32	PZN: 480 56 92
65/25/35	ASQ 65/25/35	PZN: 480 57 46
65/30/35	ASQ 65/30/35	PZN: 480 57 00
70/17/32	ASQ 70/17/32	PZN: 480 57 52
70/17/35	ASQ 70/17/35	PZN: 480 57 81
70/21/32	ASQ 70/21/32	PZN: 480 57 69
70/21/35	ASQ 70/21/35	PZN: 480 57 98
70/25/32	ASQ 70/25/32	PZN: 480 57 75
70/25/35	ASQ 70/25/35	PZN: 480 58 06

#### Indication:

The same as above / the perforation allows drainage of discharge.

### Singleton Pregnancies

### Multiple Pregnancies



Normal values (transvaginal sonography) of cervical length and internal os (funneling) in recumbent or upright position. A therapeutic indication is proposed in cases with a cervical length below the 25<sup>th</sup> or 10<sup>th</sup> centile and / or funneling before 32 weeks.



## Vaginal Expander

Size	Item No.	Pharm. Register (GER)	Indication:
20/120 mm	SD-XS	PZN: currently none	Vaginal expanders are indicated in patients when an expansion of the vagina is a therapeutic effect for different reasons such as malformations, obstructions due to scars after episiotomies or vaginal operations.
26/127 mm	SD-S	PZN: 063 39 81	
30/112 mm	SD-M	PZN: 063 39 75	
37/137 mm	SD-L	PZN: 063 39 69	

### Starter Set

A starter set with 6 pessaries of any kind and size for the routine outpatient setting is available for manufacturing costs (50 €).



### Adaption Set Ring

The ring pessary set consists of 3 x 4 rings made out of flexible silicone. In contrast to the therapeutic ring pessaries rings of the set do not contain the elastic spring steel and serve exclusively to adapt the right size of our therapeutic pessaries.

Advices for use of each pessary are applied within all packages.

Physicians can order the adaption sets ring directly for 25,-€ net each.

Size	Item No.	Pharm. Register (GER)
Small (50/55/60/65 mm)	Adaption set ring Small	PZN: currently none
Normal (65/70/75/80 mm)	Adaption set ring Normal	PZN: currently none
Large (85/90/95/100 mm)	Adaption set ring Large	PZN: currently none

**In conclusion, discover our products following the principle of Hippocrates**

**“primum non nocere“**

**which are cost-effective, easy to apply and help our patients to improve life quality and health.**